

Bay Area Waterski Club

Flat Water Times

Delta Tunnels Update:
savethedelta.org

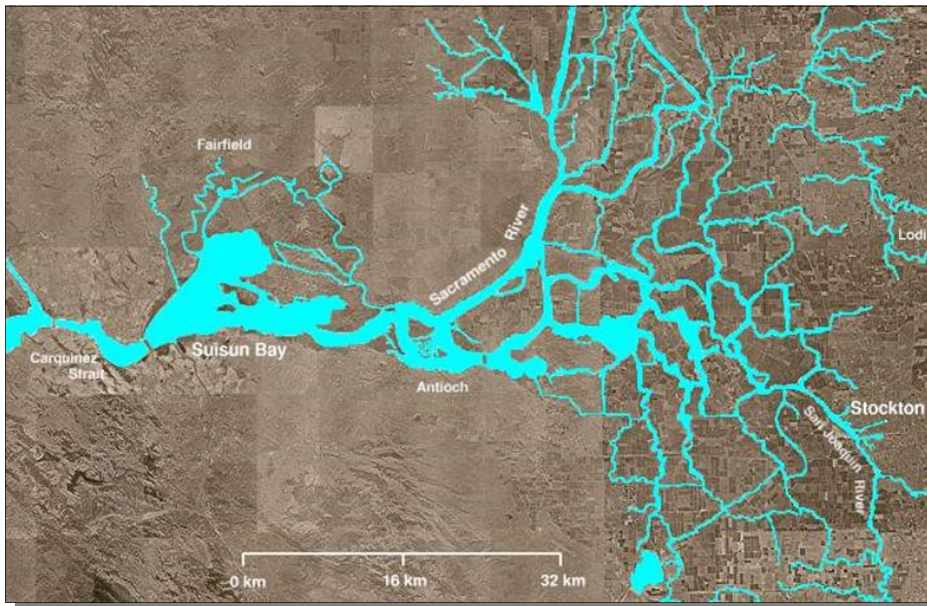


Nov/Dec 2021

Message from the Board by Jerry Baxter, 2021 Board Member

The Beauty of the San Joaquin Delta

As you have been boating through the hundreds of miles of the **San Joaquin Delta**, have you **wondered how and why these levees were formed**. If you are **looking for an adventure** or a getaway, take **Highway 160 (the river route) out of Antioch to Sacramento**. It's a beautiful drive and full of history. It begins with the history of the waterways between Sacramento and San Francisco, with the birth of California.



In **August of 1839**, John Augustus Sutter along with three German carpenters, two mechanics and eight Hawaiians began an expedition to discover new lands for migrating Europeans. Departing from Yerba Buena (San Francisco) on three boats, they sailed for twelve days through marsh land infested with mosquitoes and populated with indians before arriving

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Message from the Board (con't)

By Jerry Baxter, 2021 BAWSC Board Member

at the confluence at the American and Sacramento Rivers. He later settled in this area and established Sutter's Fort.

In 1848, a carpenter, **James Marshall discovered gold in the Sierra foothills**, setting off the massive gold rush and the great mass migration to the west coast. As the new arrivals arrived with gold fever, they would sail on anything that floated to Sacramento.

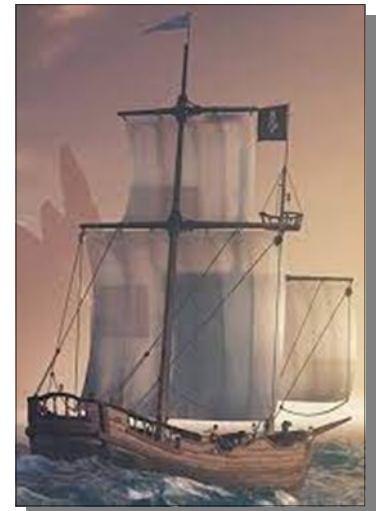
One of the **first steamboats on the Sacramento River was the "Silka"**. It would **take seven days to travel from San Francisco to Sacramento in 1847**. By the end of 1850 there were 28 streamers, 23 barques (three masts), 19 brigs (two masts) and 21 brigantines navigating from San Francisco to Sacramento.



Barque



Brigs



Briantine

One of the interesting vessels was the "New World". Completed in 1850 on the east coast, the owner outwitted the creditors and **sailed it to San Francisco in three months**. A lavish ship, it was a popular ship on the Delta setting a **record cruise of five hours and 35 minutes**.

In 1850, the **development of the delta began** as we know it today when the Swamp and Overflow Land Act changed the ownership of the swamp, overflow, and Delta marshes from the federal government to the State of California. The State of California began the sale of the swamplands to private individuals. By 1871 most of the swamplands were in private ownership.

The first developers built **levees 4 feet high and 12 feet wide at the base to control the Delta lands from tidal flows and river overflows**. Unfortunately, the Delta peat soil did not hold up. Although excellent for agricultural crops, the soil would sink, blow away when dry and form cracks and fissures in the levees.

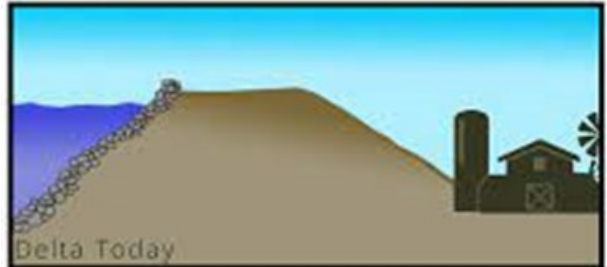
Message from the Board (con't)

By Jerry Baxter, 2021 BAWSC Board Member



Initially built with Chinese laborers from the 1850s to the 1870s, the developers found that laborers and horse-power could keep up with the maintenance of the levees. In the late 1870's, stream-powered dredges were used to move alluvial soil from the river channels to build the levees.

By the end of World War 1, most of the dredging operations decreased as nearly all the marshlands had been reclaimed. Most of the reclaimed land is below sea level and the levees are no longer levees but dikes.



The **Delta today covers over 738,000 acres** with hundreds of miles of waterways and 1000 miles of levees (dikes). **Over 50 bridges** cross the navigable waterways. **Bridges in heavy-used channels** can be opened for large, masted sail boats or large boats by radio calls on Channel 16 (156.800MHz) or horn signals. Minor channels may require 24 hours' notice in advance to open.



Written by Jerry Baxter
2021 Board Member

2021 Officers and Directors



Elected Officers



Chris Feduniw
August President
Webmaster



Larry Ligon
Vice President



Darcy Murray
Treasurer



Dawn Ko
Secretary

Board Members



Gwen Cauthren
Membership Chair



Lynette Wong
Newsletter Editor



Tracy Fallon



Mark Frazier



Karl Smith



Susan Schmidt



Jerry Baxter

Special Committees:

Flat Water Times Editor: Lynette Wong

Webmaster: Chris Feduniw



Eric Johnson

Past Events

Election Results

By Larry Ligon, 2021 BAWSC Vice President



As of November 1, the current **BAWSC Board of Directors** has **unanimously voted to approve** the selection of **the following candidates to become the BAWSC Officers for 2022** *without* holding a formal, general election process (as allowed per section 4.10 of the BAWSC Bylaws) since there was only one volunteer candidate per office.

In addition, since there were no candidates for the office of President, the Board also decided to **initiate a two-month presidential office period for 2022** to encourage multiple volunteers for President. After which, the following two-month presidential volunteers were unanimously voted approval by the Board.

Congratulations to the following candidates!

Official 2022 BAWSC Officers (Please refer to page 5 for pictures):

President:

Jan/Feb: ***Lynette Wong***

Mar/Apr: ***Susan Schmidt***

May/June: ***Chris Feduniw***

Jul/Aug: ***Jerry Baxter***

Sep/Oct: ***Mark Frazier***

Nov/Dec: ***Gwen Cauthren***

Vice-president: ***Larry Ligon***

Treasurer: ***Darcy Murray***

Secretary: ***Dawn Ko***

Returning 2022 Board Members:

Jerry Baxter

Gwen Cauthren – Membership Chair

Chris Feduniw – Webmaster

Eric Johnson

Mark Frazier

Susan Schmidt

Karl Smith

Lynette Wong – Newsletter Editor



New 2022 Board Member: *Joanne Nocce*

Past Events

Let's Catch Up!

By Jerry Baxter, 2021 BAWSC Board Member



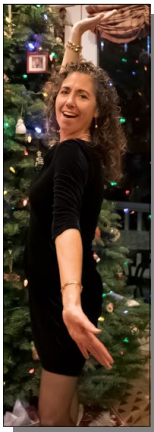
2021 sure has been a roller coaster ride but we pulled off a Giant Dipper. Not knowing how the Corona virus was going to play out, BAWSC took a conservative approach to club events by limiting the number of boats and participants. The overall feedback was positive with some great takeaways.

The big one was “Do more weekday events!”

Translation: More prime water with less boats during weekdays.



Due to the virus kicking it's heels up again for the second year in a row, the Holiday party was a Zoom get-together on Thursday, December 2. With fun 'n games and plenty of social time promised, a small gathering challenged its knowledge with guesses to Trivia game questions. Stay tuned for more details in the Jan/Feb edition!



The addition of a new 2022 board member, Joanne Noce was also announced at the Zoom Holiday Party. Welcome aboard Joanne! Joining the board is a wonderful opportunity to be involved in the inner workings of the club and allows you to contribute to the success of this unique club!

With new blood (no medical pun intended - Joanne is a registered nurse) comes a fresh perspective on the interests and desires of our club members.

If you are interested in getting involved, contact any of the officers or board members.



Join our Board



To wrap up the party, Larry Ligon (project owner) announced the 2021 winners of the BAWSC Volunteer Appreciation Awards (see next page for more details!)

Perhaps, next year we can celebrate in person and come decked out in our holiday duds . . . at the lovely home of Chris and Indie?

Past Events

2021 BAWSC Volunteer Appreciation Awards!

By Larry Ligon, 2021 Vice President

The *2021 watersports year was successful in large part to the BAWSC volunteers* who gave of their time and expertise. The club would like to thank those volunteers that contributed to this past summer's events.

Twenty Volunteers supported most of the activities of the Club in 2021 which included 12 Board members and eight other members. *Eleven boat owners participated* in the **eight events** averaging three to four boats per event.

The **Board members who volunteered** were Jerry Baxter, Gwen Cauthren, Tracy Fallon, Chris Feduniw, Mark Frazier, Eric Johnson, Dawn Ko, Larry Ligon, Darcy Murray, Susan Schmidt, Karl Smith, and Lynette Wong.

Other **volunteers** were **primarily boat owners** who brought their boats to our events included Pam Epstein, Mark Kutchi, Bob Lohse, Steve Monroe, Rick Olrich, Ralph Rast, Walt Schmidt and Venice Scherer (our photo editor).

We would like to sincerely thank all those volunteers for their superb contributions to the club in 2021 without which the club could not function.



In addition, we would like to **recognize several contributors that went above and beyond to support the BAWSC** by sharing the **top 3 contributors in three categories as listed below** with a point total showing how many activities they participated in. Each activity counted up to one point such as being a Board member, chairing or co-chairing an event, serving as officer or other Board function, bringing one's boat to an event, etc.

Top Volunteers without Boat Points: (*tied for 3rd)

Lynette Wong – 5.7 points

Jerry Baxter – 5

*Chris Feduniw – 4.2**

*Gwen Cauthren – 4.2**

Top Boat Owner Volunteers: (*tied for 2nd or 3rd)

Jerry Baxter – 5

*Chris Feduniw – 4**

*Ralph Rast – 4**

*Steve Monroe – 3**

*Larry Ligon – 3**

Top Overall Volunteers:

Jerry Baxter – 10

Chris Feduniw – 8.2

Larry Ligon – 6.2

Tidbits

Ski Tips: Online Coaching Videos

Brought to you by Chris Feduniw, 2021 BAWSC Webmaster/Board Member

Hey Skiers,

As a reminder, we have a *members-only forum with links to skier tips and training videos.*

Check out: <https://www.bawsc.org/water-sport-resources> which can help you [improve your skiing](#) and also provide you with opportunities to [get in-person and video coaching](#).

You also get to see how the pros execute great form!



Please add content to the forum if you have found resources that have helped you improve your watersport of choice e.g. water skiing/wakeboard/wakesurfing, etc.

Tidbits

Wellness Tips: End 2021 or Start 2022 with a New Exercise Routine!

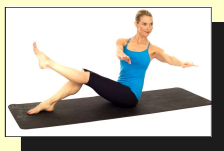
By Lynette Wong, 2021 Flat Water Times Editor/Board Member

As we **continue on our journey** to navigate the new variant, **Omicron**, we are called to *calm and soothe our minds and central nervous system*, helping to **ease our stress and anxiety levels**.

Read below for some **great recommendations** to *help strengthen and integrate your mind, body and spirit!* Check out a few of my favorite videos!

Luckily, they don't require a lot of time!
Reset and Regroup!

*** Add Pilates to your Workout Routine (It's tougher than it looks if your Core is Engaged)**



28-min PILATES | Sharon, Super Ageing

https://www.youtube.com/watch?v=1vNb_k0SGW0

20-min PILATES DETOX and YOGA STRETCHES | Jessica Vallant

<https://www.youtube.com/watch?v=4V21ps9Fv3g>

*** Practice Yoga, Qigong ***

⇒ **CARDIO-ish**

23-min FULL-BODY MOBILITY YOGA | SarahBeth

<https://www.youtube.com/watch?v=KZU0sudlW90>

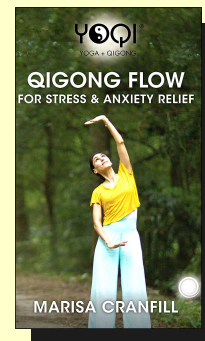


⇒ **16-min MORNING YOGA STRETCH OUT & WAKE UP | Sarah Beth**

<https://www.youtube.com/watch?v=kjDk9lFmkaw&t=384s>

*** Try Qigong Flow for Brain Optimization ***

<https://www.youtube.com/watch?v=EzIpx6-WX4M>



- Add **meditation/progressive relaxation** to your daily routine
- **Focus on a word/phrase** that brings you a sense of calmness and peace
- Practice **deep abdominal breathing** from the diaphragm
- If you're spiritual, begin **praying**
- **Visualize yourself** in a beautiful, peaceful place
- Think of **someone or something that makes you chuckle!** Experience that deep belly laugh.
- **Exercise:** Try getting out in nature
- Do something **fun:** Play with your animal, spend time with your children, start a hobby/get back into it!

Tidbits

Exciting Changes to the Website

By Chris Feduniw, 2021 BAWSC Webmaster/Board Member

Over the past several months our website vendor **Personify Wild Apricot**

has introduced **several new functions and features** that the Bay Area Waterski club (BAWSC) has decided to take advantage of and we have recently **redesigned and upgraded the clubs website** www.bawsc.org to a new look and feel so please check it out.



Key Changes that have been made:



Entire Site is now **mobile friendly** meaning you can now easily fill out forms and read content on any device as it will **scale automatically**

- o **Note:** On cell your phone, the menus are under the hamburger bars on the left and you log-in by clicking the right icon on top of the page

Clicking the “Add to my calendar” button on a cell phone and then clicking on the .ics file link pop-up will allow you to easily add the event to your personal calendar on your phone.

Menu Bar has **moved to the top of the page** and **content has been consolidated under fewer menu items** and sorted in alphabetical order making it easier to find things

Menu Bars and Sub-menu's/Content changes when you log into the site e.g. member-only content menu bars and content show up once you log into the system. **board members see more than members and members see more than non-members.** However, everything is all under the same top menu bar e.g. all documents are under documents the list just increases what you see based on your log-in credentials

All Main pages and Sub-pages have a friendly URL e.g. bawsc.org/calendar or bawsc.org/newsletter or bawsc.org/documents, etc. so if you want to get to something quickly you can just enter in the full URL

Every Page has a **bread crumb trail** so you know exactly where in the site you are at and can move up the bread crumb trail to any level you want

A Site Map <https://www.bawsc.org/Site-Map/> has been created that list every page and document available on the site that you can **directly click the link to reach that page**

A Search Bar has been added that will allow you to search for anything in the site to easily find it **without having to know what page it is on** e.g. enter “reimbursement request” in the search bar and it will immediately return the clubs Reimbursement Request Form

If you discover any issues or have suggestions how the site could further be improved, please provide your feedback at: <https://www.bawsc.org/feedback> or send an email to bawsc.webmaster@gmail.com

Tidbits

Attention BAWSC Club-Certified Boat Driver

By Chris Feduniw, 2021 BAWSC Webmaster/Board Member



This year the Bay Area Water-Ski Club Board of Directors will require that anyone driving a boat at a club event must not only be a club-certified driver but also **have a California Boater Card License Number** registered with the club in your membership profile or provide proof of age that you are over the current age restriction which is currently >35 for 2020 and > 40 for 2021.

Information on how to obtain a California Boater Card including options for how to complete the course are available at: <https://californiaboatercard.com/>

Several members of the club of attended the Coast Guard Auxillary Course <http://www.cgaux.org/boating/classes/2011/abs.php> found the instructors to be very good and a good use of time as they guarantee you will pass the course and get your card.

Others have taken the **free on-line course offered by BoatUS** <http://www.boatus.org/california/> that lets you take the course at your own pace through multiple sessions if needed.

Once you have your California Boaters Card, please go the club website and update your membership profile <https://www.bawsc.org/Sys/Profile> to include your card number. If you are old enough to not require a card, please *send proof of age to our Membership Chair Gwen Cauthren*.

Note: Anyone who does **not have a card number on file** in the website or **has not provided proof of age for an exception by 5/31/2020** will not be able to drive at club events until you have met the criteria.

Tidbits

Safety Comes First!

By Debbie DeSousa



Safety Reminder



1. **Skiing:** Never ski without a 3rd. **Never!**

2. **Ski:** Do not leave your ski on the swim platform. This can result in your ski being run over by another boat. Your ski will get chopped up and you might get a big bill for the other boat.



3. **Vest:** As of 2001 anyone being pulled by a boat **must wear Coast Guard-approved flotation devise**. *Check the print on the inside of your ski vest to see if your vest is approved.*

Failure to wear a proper vest can result in the boat owner being fined by the Coast Guard.



4. **Ski Rope:** Remember to **use a shock tube** (goes over your rope). This tube will *prevent a rope from snapping back (like a rubber band)* and hitting the boat driver or passenger in the head. *A ski handle can knock your teeth out, wrap around your neck or worse!*

Always be safe!

**THINK SAFE
ACT SAFE
BE SAFE**

Tidbits

How to Use our BAWSC Page on Facebook

By Debbie DeSousa



facebook

*This is a great tool for sharing and
for finding new members!*

We converted our Facebook page to a Group so *everyone can have fun posting photos of events and use it as another communications tool.* It's also open to the public so they can see our fun photos. We hope this will attract new members. (**Note: Only approved members can post on our group page**). If anyone makes a post that is not ski-related then the admin can remove them!

This is how you can post to our Facebook page.

1. Open a personal Facebook account.
2. Go to Facebook.com groups Bay Area Waterski Club
<https://www.facebook.com/groups/717319205056101/>

To find our group, type Bay Area Waterski Club on the search line (see top of your personal Facebook page). When you find our group then **“Join”** this group (admin must approve you, it might take a few days).

3. Now you can have fun posting event photos, events, boats & equipment for sale, etc.
4. **If you have a smart phone you can send photos from your phone directly to Facebook.**
Because there are many phones I cannot tell you how to use your phone here.
5. To post on our Facebook group see **top of the Facebook page** see where it says "Write Something." This is where you type your message. Above it you will see the button for photos/videos and events. The main thing to remember is you will have two accounts:

1. Your personal Facebook account and
2. You will also have an account with our BAWSC Group.

When you post on our BAWSC group page it will appear on **your** personal Facebook wall (**Note:** your friends will **not** see these post). If you want to share any of these posts with family or friends, click “Like” (see below each post). When you click “Like,” the post will appear on **all** your friends’ personal Facebook page. If you click “Share” you can select **one** person to send the post to (instead of **all** your friends).

Blowing Out the Candles in . . .

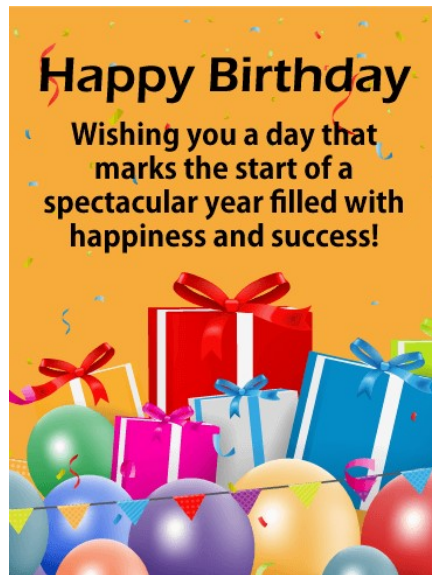


Wishing all a very



Winston Wilkinson, 11/2

Eric Johnson, 11/10



Michael Morgan, 11/12

Blowing Out the Candles in . . .



Happy 
Wishing all a very Birthday

Larry Ligon, 12/12

Chris Feduniw, 12/15

Kathy Brewington, 12/19



Kate Brown, 12/20

Keith Epstein, 12/21

2021 BAWSC Calendar of Events

Dates/Locations subject to change

*Member-only Events

Start Date	End Date	Event name	Location	Event Chair	Co-Chair
Thurs 05/20	Thurs 05/20	Virtual Season Opener, Lunch & General Meeting	Zoom	Larry Ligon	Mark Frazier
Sat 06/12	Sat 06/12	Water Ski Skill-Building Day	Holland Marina Riverside	Chris Feduniw	Jerry Baxter
Sat 06/26	Sat 06/26	Wakeboarding/Wakesurfing Skill-Building Day - Cancelled	Orwood Resort	Lynette Wong	Dawn Ko Darcy
Wed 07/17	Sat 07/17	Water Sports Day	Orwood Resort	Eric Johnson	Murray
Sat 08/08	Sat 08/08	Watersports Day	Orwood Resort	Dawn Ko	Karl Smith
Sat 08/14	Sat 08/14	Watersports Day	Orwood Resort	Lynette Wong	Tracy Fallon
Fri 08/27	Sun 08/29	CA ProAm Slalom Ski Tournament (not a BAWSC event)	Short Line Ski Lake, Elk Grove, CA		Gwen Cauthren
Sat 09/17	Sat 09/17	Watersports Day	Discovery Bay Marina	Larry Ligon	
Fri 09/24	Sun 09/26	Watersports Weekend	Casa Copperopolis Holland Marina	Jerry Baxter Chris	Lynette
Sun 10/03	Sun 10/03	Last Watersports Day	Riverside	Feduniw	Wong
Thurs 12/2	Thurs 12/2	Holiday Party/Volunteer Appreciation Awards	Zoom Call	Lynette Wong	Chris Feduniw



BAWSC On-line Membership Application

By Larry Ligon

If you need help you may click on “[Help/FAQ, How To’s, Member/Non-member Subscription & Forms](#)” in the lower left hand corner of the navigation bar on the Web site’s Home Page or don't hesitate to contact our membership chair **Gwen Cauthren** at 707-322-1157 or e-mail at gwen_cauthren@sbcglobal.net or our webmaster **Chris Feduniw** at 925-413-3421 for assistance.

-The BAWSC website address is: www.bawsc.org

-Your **user-id** for the website is always your e-mail address.

Step 1. Create or reset your password:

A) Go to the new website www.bawsc.org & click on the “**Forgot Password**” link in the upper right hand corner of the home page and enter your e-mail address in the “**e-mail (user-id)**” field and then the six digit anti-spam characters into the “**code**” field and finally click on the “**Submit**” button which will then send an e-mail to that address with a link to create or reset your password.

B) Open the e-mail and click on the e-mail link and enter & confirm your chosen password then click “**Submit**”.

(Note: The first time you actually log into the new site you will be asked by [Wild Apricot](#) to accept their use policy.)

Step 2. Initiate your new-member on-line application:

*Note: BAWSC offers members the option to include one significant other as a co-member under one membership fee called a “**Membership Bundle***”. Dependents under 12 years of age can also be added to your membership at no additional cost. Dependents aged 12-18 can be added to your membership for a small additional fee each year. Children over 18 and not living at home will have their own unique membership.*

A) Click on the “**Become A BAWSC Member (New [member application](#) Only)**” link found in the left hand navigation bar on the web site home page www.bawsc.org.

B) Fill-out the requested information for yourself

*Note: If you will be adding a co-member/membership bundle to your account you will do this after you initiate the membership application and your account has been activated.**

C) Make sure you click on the “[I ACCEPT I HAVE READ THE WAIVER AND RELEASE](#)” link to read the club waiver and then click on the check box to accept.

D) If you will be adding dependents to your account beyond a single co-member, you will enter them in the “Additional Information” area of the Membership form. For each dependent you have between 12 to 18 please check the box for each person. If you have any dependents under 12 you want to associate with your membership enter the total number of children under 12 in the “Number of Children Under 12” field.

BAWSC On-line Membership Application (con't)

By Larry Ligon

- E) If you are a **boat owner**, please enter in the information requested for your boat and **send proof of insurance** as requested on the form to the Membership Chair.
- F) Enter what water-sports you and your dependents participate in.
- G) Click “**Next**” to review your completed membership form and Total Membership Fees that will be owed.
- H) If everything looks correct, click on the “**Confirm and Proceed with Payment**” button to initiate your registration. *This step will automatically send a confirmation e-mail titled “Membership initiated at Bay Area Water Ski Club” to you.*
- I) Check your e-mail for that confirmation that your account has been successfully initiated and an invoice with instructions how to submit your membership dues payment.

Step 3. Send your membership dues to the Membership Chair (*payable to BAWSC*):

To: BAWSC
c/o Gwen Cauthren
4835 Cottsberry Ct.
Santa Rosa, Ca. 95405

Step 4. Complete your membership application/setup (*ONLY after receipt of dues payment*):

*Once your membership dues have been received, you will get an e-mail confirmation from the BAWSC Membership Chair verifying your account is active, at which time you can then complete your membership application & setup by choosing your **privacy** and **e-mail subscriptions** as well as set-up yourself as a Bundle Administrator to **add a co-member** to your account bundle.*

- A) Log onto the web site with your e-mail (user-id) and password. www.bawsc.org
- B) Click “**View Profile**” in the upper right hand corner of the home page.
- C) Click “**Edit profile**”
- D) Review and modify your **privacy settings**, click “**Privacy**” and edit any field you don't want visible to other BAWSC members and then click “**Save**”.
- E) **To insure you are subscribed** to receive e-mail notifications from the *forum based message boards* when someone posts they are looking for a pull, crew, etc.
 - a) Click on “[Members Only Content](#)” link found on the left hand navigation bar
 - b) Click on “[Member Forums](#)”

BAWSC On-line Membership Application (con't)

By Larry Ligon

c) In the **Message Board** forums' section, individually click on each forum you want to receive e-mail (e.g. –“Looking for a Car Pool, Crew or a Pull”) and *individually* click on each forum's “**Subscribe to Forum**” link.

d) Then go back to the **Home Page** and click on “**View Profile**” again, click “**Edit profile**” and click “**e-mail subscriptions**” and adjust how you want to receive e-mails; *immediately, daily or weekly* when someone posts to the forum. The default is daily. **CLICK “Save”** at the very bottom of the “**Edit Profile**” page and you are done.

F) **Setup a Co-Member Bundle***

Each paid member is allowed to add a spouse/ significant other to their account as a “Bundled” co-member. The following steps can be performed to add another person to your account once your membership fee has been received and your account has been activated by the Membership Chair.

a) Log into the web site with your e-mail (user-id) and password. www.bawsc.org

b) Click on the “**View Profile**” button found in the upper right hand corner of the home page

c) In the “My profile” screen scroll down to the “Bundle summary” section and then click “**Add member**”

d) You will then be presented with the membership application page where you will then fill out the form on behalf of your co-member.

e) Click “**SAVE**” and the co-member will be added to your account and they will receive their user-id (their e-mail address) and password setup link at the e-mail address you entered on the form. You will become the “**Bundle Administrator***” for your bundled co-member.

CONGRATULATIONS, YOU HAVE COMPLETED YOUR BAWSC MEMBERSHIP APPLICATION AND SETUP. We look forward to you joining us at BAWSC Events.

Note: If you receive an error message when clicking “SAVE” that states “This e-mail is already in use” you will then need to contact the BAWSC Membership Chair listed on the [Contacts](#) Page to manually associate that e-mail address with your account as Wild Apricot currently does not allow a member to add an existing Contact or Member to their bundle themselves. A member can only add a new Contact or new Member to their account themselves.

**The way Wild Apricot handles multiple people under one membership is called a [Membership Bundle](#). A membership bundle is a group of members who are linked together and managed by one of their members – the bundle administrator. Bundle members share the same renewal date, status, and membership level. You can learn more about bundles including a short, how-to video at: <http://help.wildapricot.com/display/DOC/Membership+bundles>*