

# Bay Area Waterski Club

# Flat Water Times

Delta Tunnels Update:  
[savethedelta.org](http://savethedelta.org)



Sept/Oct 2022

## Message from the Board

by Darcy Murray, 2022 Treasurer

### Getting in Water-Ski Season Shape!

#### How Do I Get in Shape to Water Ski?

Pro slalom water skier [Brian Detrick](#) offers tips on how to prepare for the summer ski season to increase endurance and avoid injuries.

Below are the exercises he recommends to achieve top form.

The link for video demonstrations are at the very bottom.



#### WARM UP

With other sports, warming up is a no-brainer, but most people—even pros—forget to warm up before water skiing. “If you don’t warm up and you go out there, your body is going at 100 percent, and it’s a shock,” Detrick says.

He likes to **jog** a quarter to a half mile to work up a sweat and elevate his heart rate. Then he does **plyometric and stretching exercises**: high knees, booty kickers, and **lunges with a twist** to loosen up his core, hip flexors, and psoas muscles. Finally, he’ll do what he calls the “**lean drill**.” Take a waterskiing rope and tie it to a tree, pole, or something sturdy, then lean against it. “You want to get into an ideal skiing position,”

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Check out the 2022 BAWSC Calendar of Events

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## Message from the Board (con't)

By Darcy Murray, 2022 Treasurer



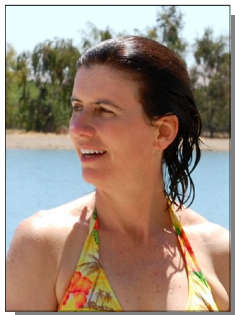
Detrick says, which should look something like you're playing tug-of-war, with your feet out in front of you, and your hips up, not sitting down.

“People don't realize how strenuous water skiing is on the body. *One of the hardest parts is just getting up.*” Because you're pulling with your upper body, and pushing against the water with your lower body, the place where they connect—your core—needs to be solid.

Detrick is a **fan of the plank** because it's effective (it **works your abs, back, and stabilizer muscles**), easy to do anywhere, and can be endlessly modified. He likes to *hold the plank position for a minute, then switch it up.* He'll do **side planks, one-legged planks, one-armed planks, planking in push-up position, and with his arms extended.** To start, he recommends *holding plank position for as long as you can, then switching to a side plank.*

### SKI-SPECIFIC EXERCISES

“One thing that people sometimes don't take into account is their **hand strength and forearm strength,**” Detrick says. “**Pull-ups and farmer walks help strengthen the hands and the fingers and forearms.**” To *start doing farmer walks*, Detrick recommends completing five sets of 30-yard walks, holding as much weight as you can in each hand. Detrick uses 45-pound weights.



**Darcy Murray**  
*Treasurer*

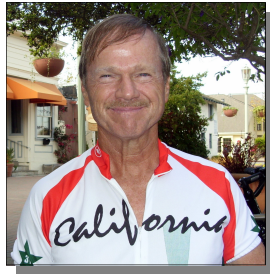




# 2022 Officers and Directors



## Elected Officers



**Karl Smith**  
*Sept/October*  
*President*



**Larry Ligon**  
*Vice President*



**Darcy Murray**  
*Treasurer*



**Susan Schmidt**  
*Interim Secretary*

## Board Members



**Gwen Cauthren**  
*Membership Chair*



**Chris Feduniw**  
*Webmaster*



**Lynette Wong**  
*Newsletter Editor*



**Jerry Baxter**



**Eric Johnson**

## Special Committees:

**Flat Water Times Editor:** Lynette Wong

**Webmaster:** Chris Feduniw



**Joanne Noce**

## Last 2022 Event!

### **BAWSC Holiday Party!**

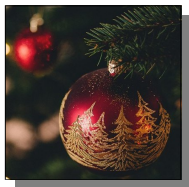
By Lynette Wong, Newsletter Editor/Board Member



MAY THE **BE** Season **BE** festive  
AND THE laughter  
**BE** Contagious

*Come One, Come All . . .*

*Let's celebrate the holidays in our finest duds!*



**Saturday, 3 December at  
the lovely Feduniw Home  
Stay tuned for more details!**

In an ongoing effort to keep all BAWSC members and guests safe and to align with current County Public Health Department recommendations to minimize the spread of Covid-19, **all event participants** attending club-sponsored 2022 Calendar Events are *required to be fully vaccinated with a booster shot or show proof (picture) of a negative Antigen Home Test kit result* the day of the event if not fully vaccinated.

After two years of holiday Zoom calls, now's the time for us to *festively reconnect in person* as we continue navigating this new way of life!

*Let's get in the holiday spirit and enjoy some fun 'n games, spreading holiday cheer to one another!*



## Past Events

### **2022 California Pro-Am Slalom Ski & Jump Tournament: August 27**

By Larry Ligon, 2022 Vice President

## *BAWSC Members Support the 2022 California Pro-Am Slalom Ski & Jump Tournament and Witness the Best of the World's Skiers in the Action*

On **August 27**, while BAWSC members handled dock starting duties on Saturday's Pro-Am preliminaries, they were able to watch, mingle and be inspired by the sport's **top athletes** like **Will Asher (England)**, **Freddie Winter (England)**, **Chris Parrish**, **Stephen Neveu**, **Nate Smith**, **Robert Hazelwood (England)**, **Regina Jaques**, **Karen Truelove**, **Whitney McClintock (Canada)**, **Jamie Bull (Canada)**, **Paige Rini (Canada)** and many other renowned pros skiers plus **36 amateurs & Masters** including **Bob Hardeman**, **Darrell Smith**, **Will Bush** and **Greg Badal** as they skied head-to-head for cash awards and world records under perfect conditions at **Short Line ski Lake in Elk Grove**.

Thanks to **Club members** **Darcy Murray**, **Mark Frazier**, **Tracy Fallon**, **Chris Feduniw**, **Eric Johnson**, **Gwen Cauthren**, **Jerry Baxter**, **Gena Kraft** and yours truly for their enthusiastic **Dock-Starting efforts**.

The **BAWSC dock-starting contributions** were clearly **appreciated by the competitors** as exemplified by their many expressions of thanks during the competition and the public appreciation of BAWSC support mentioned by both the P.A. and Webcast announcers as well as by **Greg & Debbie Badal** at the *Saturday night competitor's dinner that*



Some of our BAWSC members relaxing in the BAWSC ringside tent.

*our basic dock starters were graciously invited to attend.*

*Please enjoy reading a recap of Sunday's final Pro-Am results:*

In the head-to-head, final 2 rounds of **Open Men's** competition of 19 skiers, **England's Freddie Winter** rounded 5 buoys @41 ft. off to beat **Will Asher's 4 ½ buoys** and then **Nate Smith** rounded

**all 6 buoys @41 off to beat Dane Mechler's 3 ½ buoys** leading to a final runoff between last year's ProAm winner, Freddie Winter and world record holder **Nate Smith**, who then cleared 5 balls @41 off to beat Freddie Winter's 4 balls becoming **this year's Open Men's slalom winner**.

The **Open Women slalom finals** with **11 female skiers competing** including **world record holder Regina Jaques** back in competition sporting a custom brace from a torn ACL earlier in the season. **Whitney McClintock** ran 6 buoys @ 38 off to **beat Paige Rini's 5 ½ buoys** to move to the final round.

## Past Events

### **2022 California Pro-Am Slalom Ski & Jump Tournament: August 27 (con't)**

By Larry Ligon, 2022 Vice President

Surprisingly, Regina Jaquess rounded just 4 ½ balls @ 39 1/2 off to Jamie Bull's 5 balls, allowing Jamie to compete head-to-head with Whitney for the championship. In the end, **Whitney** ran 5 ½ balls @39 ½ off compared to Jamie's 3 balls to **clinch the Open Women finals for the second year in a row.**



Pro jumper goes airborne off the ramp



Two-time ProAm winner **Whitney McClintock** on her way to first place



**Freddie Warner** carving around a ball in excellent position

**Seven Open Men** jumped off a six foot ramp at boat speeds of 35 to 39 mph flying over 200 ft. distances to vie for the championship. At the end, **world record holder Ryan Dodd (Canada)** jumped 229 ft. but **lost to world champion Freddie Krueger** jumping just one foot longer at 230 ft. for the win.

**After a horrific fall on Saturday**, five Brave Open Women jumped on Sunday with distances of over 180 ft. **Lauren Morgan took the title**, jumping to 181 ft. to beat overall world champion Aliaksandra Dainishueskaya (Belarus) at 180 ft.



## Past Events

### **2022 California Pro-Am Slalom Ski & Jump Tournament: August 27 (con't)**

By Larry Ligon, 2022 Vice President

*To watch a recording of all the excitement, check out <https://www.caproam.com>*



World record holder **Nate Smith** rounds buoy #2



Unidentified female pro rounding buoy in position for her wake crossing



**Regina Jaquess** pulling hard through the wake



## Past Events

### **2022 California Pro-Am Slalom Ski & Jump Tournament: August 27 (con't)**

By Larry Ligon, 2022 Vice President



**Jamie Bull** on her way to second place ProAm finish



**Nate Smith** in optimum position for his short-line wake crossing



Article by **Larry Ligon**  
*Vice President*



**World record holder Regina Jaquess** shares slalom tips with dock starter **Tracy Fallon**

## Tidbits

### **BAWSC Covid-19 Safety Protocol** (updated 8/1/22)

By Chris Feduniw, Webmaster/Board Member



In an effort to keep all BAWSC members and guests safe and to align the club policies with current County Public Health Department recommendations to minimize the spread of Covid-19, *all event participants attending club-sponsored Calendar Events in 2022 are required to be fully vaccinated with a booster shot or show proof (picture) of a negative Antigen Home Test kit result the day of the event if not fully vaccinated.*

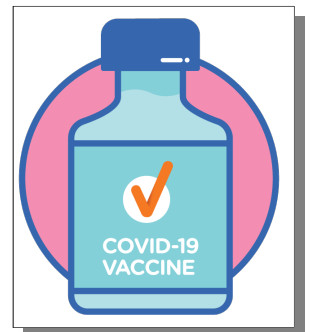


**Members:** Please **update your profile** on the **club website** to **record your vaccination status.**

**All event participants** regardless of vaccination status are strongly *encouraged to take an Antigen Home Test ideally the morning of an event, or at a minimum, the night before an event to validate they are currently Covid-19 negative.*

Most insurance providers will cover 100% of the cost to obtain eight home test kits per month from your local pharmacy.

**Please note:** several boat owners may request only participants who can show proof of a negative test that day to be assigned to their boats. You may be asked to be placed on one of these boats.



Please *be prepared to show a picture of your negative test strip if requested by a boat owner that day.*

## Tidbits

**Update: Delta Tunnels**

By Chris Feduniw, Webmaster/Board Member

BAWSC Contacts:

The Board of Directors would like to inform you that the **Department of Water Resources** released its **Draft Environmental Impact Report (DEIR)** in late July for the Delta Conveyance Project (tunnels). Documents for federal review of the project will be provided later this fall.

**This plan will directly impact the Delta where we hold most of our club events.**



We encourage you to **stay informed of the project and take any action you feel is appropriate.** *A good resource to stay informed that has links to the various groups, letter templates and contact information for government officials is <https://www.restorethedelta.org/>*

Please **stay informed** and **reach out to your government representatives** with your opinion about this project while they are collecting public opinion.

Thank you,  
BAWSC Board of Directors



## Photo Editor

*Wanted for the BAWSC*

**Duties include:**

- ⇒ Download photos from facebook keeping date and notes from originator.
- ⇒ Collect photos directly from people who know how to send them via email in a compressed format.
- ⇒ After downloading photos, upload them to flickr and create an album for the month of the event of the photos you are trying to upload

**If you're interested, please contact Lynette at:**  
[lynette.wong25@gmail.com](mailto:lynette.wong25@gmail.com)

## Tidbits

### ***Ski Tips: Online Coaching Videos***

Brought to you by Chris Feduniw, 2022 BAWSC Webmaster/Board Member

Hey Skiers,

As a reminder, we have a *members-only forum with links to skier tips and training videos.*

*Check out:* <https://www.bawsc.org/water-sport-resources> which can help you improve your skiing and also provide you with opportunities to [get in-person and video coaching](#). You also get to see how the pros execute great form!



*Please add content to the forum* if you have found resources that have helped you improve your watersport of choice e.g. water skiing/wakeboard/wakesurfing, etc.

## Tidbits

### **Wellness Tips: Exercise Routine!**

By Lynette Wong, 2022 Flat Water Times Editor/Board Member

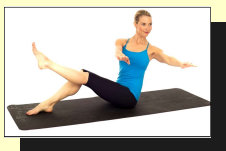
Approaching our second year with Covid, many of us continue to build our resilience with moderate to intense exercise. While this helps to strengthen us physically and mentally, it is beneficial to crosstrain by *adding yoga and pilates* to your fitness regime. Both can help to *calm and soothe our minds and central nervous system*, helping to *ease our stress and anxiety levels*.

See below for some **great recommendations** to *help strengthen and integrate your mind, body and spirit!* Check out a few of my favorite videos!

*Luckily, they don't require a lot of time!*

### **Add Pilates to your Workout Routine**

*(It's tougher than it looks if your Core is Engaged)*



#### **25-min Full Body Pilates for Beginners | Nicole McPherson**

[https://www.youtube.com/watch?v=NyP\\_waVgL1w](https://www.youtube.com/watch?v=NyP_waVgL1w)

#### **17-min Scoliosis Exercises for Pain and Posture | Jessica Vallant**

[https://www.youtube.com/watch?v=Xc1TuZ\\_14IQ](https://www.youtube.com/watch?v=Xc1TuZ_14IQ)

### **\* Practice Yoga \***

#### **⇒ 24-min Full Body Flow and Stretch | Sarah Beth**

<https://www.youtube.com/watch?v=hleNJZrN8c0>



#### **⇒ 15-min Twist and Rinse | Sarah Beth**

<https://m.youtube.com/watch?v=ssQJ-IfaY00>

- Add **meditation/progressive relaxation** to your daily routine
- **Focus on a word/phrase** that brings you a sense of calmness and peace
- Practice **deep abdominal breathing** from the diaphragm
- If you're spiritual, begin **praying**
- **Visualize yourself** in a beautiful, peaceful place
- Think of **someone or something that makes you chuckle!** Experience that deep belly laugh.
- **Exercise:** Try getting out in nature
- Do something **fun:** Play with your animal, spend time with your children, start a hobby/get back into it!



# Tidbits

## Exciting Changes to the Website

By Chris Feduniw, 2022 BAWSC Webmaster/Board Member

Over the past several months our website vendor **Personify Wild Apricot**

has introduced **several new functions and features** that the Bay Area Waterski club (BAWSC) has decided to take advantage of and we have recently **redesigned and upgraded the clubs website** [www.bawsc.org](http://www.bawsc.org) to a new look and feel so please check it out.



### Key Changes that have been made:



**Entire Site** is now **mobile friendly** meaning you can now easily fill out forms and read content on any device as it will **scale automatically**

- o **Note:** On cell your phone, the menus are under the hamburger bars on the left and you log-in by clicking the right icon on top of the page

**Clicking the “Add to my calendar” button** on a cell phone and then clicking on the .ics file link pop-up will allow you to easily add the event to your personal calendar on your phone.

**Menu Bar** has **moved to the top of the page** and **content has been consolidated under fewer menu items** and sorted in alphabetical order making it easier to find things

**Menu Bars and Sub-menu's/Content** changes when you log into the site e.g. member-only content menu bars and content show up once you log into the system. **board members see more than members and members see more than non-members.** However, everything is all under the same top menu bar e.g. all documents are under documents the list just increases what you see based on your log-in credentials

**All Main pages and Sub-pages** have a friendly URL e.g. [bawsc.org/calendar](http://bawsc.org/calendar) or [bawsc.org/newsletter](http://bawsc.org/newsletter) or [bawsc.org/documents](http://bawsc.org/documents), etc. so if you want to get to something quickly you can just enter in the full URL

**Every Page** has a **bread crumb trail** so you know exactly where in the site you are at and can move up the bread crumb trail to any level you want

**A Site Map** <https://www.bawsc.org/Site-Map/> has been created that list every page and document available on the site that you can **directly click the link to reach that page**

**A Search Bar** has been added that will allow you to search for anything in the site to easily find it **without having to know what page it is on** e.g. enter “reimbursement request” in the search bar and it will immediately return the clubs Reimbursement Request Form

*If you discover any issues or have suggestions how the site could further be improved, please provide your feedback at: <https://www.bawsc.org/feedback> or send an email to [bawsc.webmaster@gmail.com](mailto:bawsc.webmaster@gmail.com)*

## Tidbits

### Attention BAWSC Club-Certified Boat Driver

By Chris Feduniw, 2022 BAWSC Webmaster/Board Member

Updated 03/2022



This year the Bay Area Water-Ski Club Board of Directors will require that anyone driving a boat at a club event must not only be a club-certified driver but also **have a California Boater Card License Number registered with the club in your membership profile** or **provide proof of age that you are over the current age restriction which is currently**

- ⇒ 2022: Individuals who are 45 years old or younger
- ⇒ 2023 Individuals who are 50 years old or younger

**Information on how to obtain a California Boater Card** including options for how to complete the course are available at: <https://californiaboatercard.com/>

Several members of the club of attended the Coast Guard Auxillary Course <http://www.cgaux.org/boating/classes/2011/abs.php> found the instructors to be very good and a good use of time as they **guarantee you will pass the course and get your card.**

Others have taken the **free on-line course offered by BoatUS** <http://www.boatus.org/california/> that lets you take the course at your own pace through multiple sessions if needed.

**Once you have your California Boaters Card**, please **go the club website and update your membership profile** <https://www.bawsc.org/Sys/Profile> to include your card number. **If you are old enough to not require a card, please send proof of age to our Membership Chair Gwen Cauthren.**

**Note:** Anyone who does **not have a card number on file** in the website or **has not provided proof of age for an exception by 5/31/2021** will **not be able to drive at club events** until you have met the criteria.

## Tidbits

**Safety Comes First!**

By Debbie DeSousa



### Safety Reminder



1. **Skiing:** Never ski without a 3rd.  
**Never!**

2. **Ski:** Do not leave your ski on the swim platform. This can result in your ski being run over by another boat. Your ski will get chopped up and you might get a big bill for the other boat.



3. **Vest:** As of 2001 anyone being pulled by a boat **must wear Coast Guard-approved flotation devise**. *Check the print on the inside of your ski vest to see if your vest is approved.*

*Failure to wear a proper vest can result in the boat owner being fined by the Coast Guard.*



4. **Ski Rope:** Remember to **use a shock tube** (goes over your rope). This tube will *prevent a rope from snapping back (like a rubber band)* and hitting the boat driver or passenger in the head. *A ski handle can knock your teeth out, wrap around your neck or worse!*

**Always be safe!**

**THINK SAFE  
ACT SAFE  
BE SAFE**



## Tidbits

### *How to Use our BAWSC Page on Facebook*

By Debbie DeSousa



facebook

*This is a great tool for sharing and  
for finding new members!*

We converted our Facebook page to a Group so *everyone can have fun posting photos of events and use it as another communications tool.* It's also open to the public so they can see our fun photos. We hope this will attract new members. (**Note: Only approved members can post on our group page**). If anyone makes a post that is not ski-related then the admin can remove them!

#### **This is how you can post to our Facebook page.**

1. Open a personal Facebook account.
2. Go to Facebook.com groups Bay Area Waterski Club  
<https://www.facebook.com/groups/717319205056101/>

To find our group, type Bay Area Waterski Club on the search line (see top of your personal Facebook page). When you find our group then **“Join”** this group (admin must approve you, it might take a few days).

3. Now you can have fun posting event photos, events, boats & equipment for sale, etc.
4. **If you have a smart phone you can send photos from your phone directly to Facebook.**  
Because there are many phones I cannot tell you how to use your phone here.
5. To post on our Facebook group see **top of the Facebook page** see where it says "Write Something." This is where you type your message. Above it you will see the button for photos/videos and events. The main thing to remember is you will have two accounts:

1. Your personal Facebook account and
2. You will also have an account with our BAWSC Group.

When you post on our BAWSC group page it will appear on **your** personal Facebook wall (**Note:** your friends will **not** see these post). If you want to share any of these posts with family or friends, click “Like” (see below each post). When you click “Like,” the post will appear on **all** your friends’ personal Facebook page. If you click “Share” you can select **one** person to send the post to (instead of **all** your friends).

*Blowing Out the Candles in . . .*



Wishing all a very



*David Vogel, 9/12*

*Dawn Ko, 9/18*



**Happy Birthday**

It's days like these, and people like you, that make everyone realize how great life really is. Hoping you have a grand celebration.

*Jerry Baxter, 9/23*

*Joseph Perkins, 9/25*

*Mary Wood, 9/27*

*Indie Feduniw, 9/29*

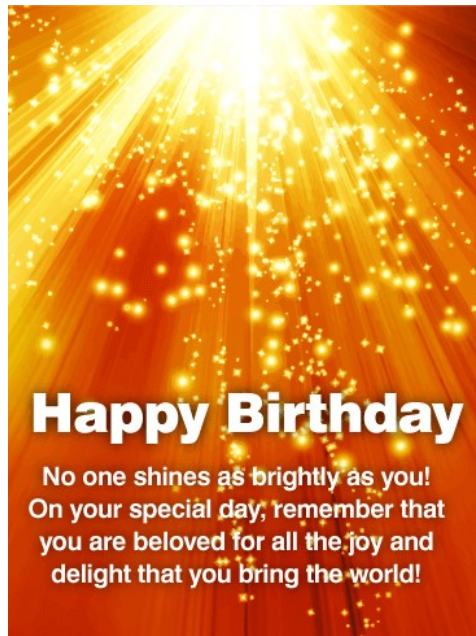
*Lew Cresci, 9/30*

*Blowing Out the Candles in . . .*



Wishing all a very *Happy Birthday!*

*Lynette Wong, 10/1*



*Susan Schmidt, 10/15*



# 2022 BAWSC Calendar of Events

Dates/Locations subject to change

Start date	End date	Event title	Event location	Event Chair	Event Co-Chair
Sat 4/2	Sat 4/2	BAWSC Day Hike & Picnic	Round Valley Regional Preserve: Brentwood CA	Chris Feduniw	Jerry Baxter
Sat 4/30	Sat 4/30	BAWSC Spring Social/Season Opener & General Meeting	Susan & Karl's House	Susan Schmidt	Karl Smith
Sat 6/04	Sat 6/04	BAWSC Water Sports Day	Holland Riverside Marina	Darcy Murray	
Sat 6/11	Sat 6/11	BAWSC - Water Ski Skill Building	Holland Riverside Marina	Chris Feduniw	Jerry Baxter
Sat 7/9	Sat 7/9	BAWSC Water Sports Day	Orwood Resort	Lynette Wong	Joanne Noce
Sat 7/23	Sat 7/23	BAWSC Water Sports Day	Orwood Resort	Eric Johnson	Debbie DeSousa
Sat 7/30	Sat 7/30	Board Meeting, Lunch & Ski Day	Gwen & Larry's home Discovery Bay	Larry Ligon	Gwen Cauthren
Sun 8/7	Sun 8/7	BAWSC Water Sports Day	Orwood Resort	Karl Smith	Kathy Brewington
Thu 8/18	Thu 8/18	Thursday BAWSC Water Sports Day	Orwood Resort	Lynette Wong	Marji McGinnes
Fri 8/26	Sun 8/28	Calif ProAm Slalom Ski Tournament <b>Not a BAWSC event!</b>	Short Line Ski Lake Elk Grove, California	Larry Ligon	
Fri 9/16	Fri 9/16	BAWSC Water Sports Day	Discovery Bay Marina	Larry Ligon	Gwen Cauthren
Fri 9/23	Sun 9/25	Water Sports Weekend in Copperopolis	Casa Copperopolis	Jerry Baxter	Lynette Wong
Sat 10/8	Sat 10/8	Water Sports Day	Holland Riverside Marina	Chris Feduniw	Lynette Wong
Sat 12/3	Sat 12/3	BAWSC Holiday Party and Club Updates	The Feduniw Home	Lynette Wong	Chris Feduniw



## BAWSC On-line Membership Application

By Larry Ligon

If you need help you may click on “[Help/FAQ, How To’s, Member/Non-member Subscription & Forms](#)” in the lower left hand corner of the navigation bar on the Web site’s Home Page or don't hesitate to contact our membership chair **Gwen Cauthren** at 707-322-1157 or e-mail at [gwen\\_cauthren@sbcglobal.net](mailto:gwen_cauthren@sbcglobal.net) or our webmaster **Chris Feduniw** at 925-413-3421 for assistance.

-The BAWSC website address is: [www.bawsc.org](http://www.bawsc.org)

-Your **user-id** for the website is always your e-mail address.

### **Step 1. Create or reset your password:**

A) Go to the new website [www.bawsc.org](http://www.bawsc.org) & click on the “**Forgot Password**” link in the upper right hand corner of the home page and enter your e-mail address in the “**e-mail (user-id)**” field and then the six digit anti-spam characters into the “**code**” field and finally click on the “**Submit**” button which will then send an e-mail to that address with a link to create or reset your password.

B) Open the e-mail and click on the e-mail link and enter & confirm your chosen password then click “**Submit**”.

*(Note: The first time you actually log into the new site you will be asked by [Wild Apricot](#) to accept their use policy.)*

### **Step 2. Initiate your new-member on-line application:**

*Note: BAWSC offers members the option to include one significant other as a co-member under one membership fee called a “**Membership Bundle\***”. Dependents under 12 years of age can also be added to your membership at no additional cost. Dependents aged 12-18 can be added to your membership for a small additional fee each year. Children over 18 and not living at home will have their own unique membership.*

A) Click on the “**Become A BAWSC Member (New [member application](#) Only)**” link found in the left hand navigation bar on the web site home page [www.bawsc.org](http://www.bawsc.org).

B) Fill-out the requested information for yourself

*Note: If you will be adding a co-member/membership bundle to your account you will do this after you initiate the membership application and your account has been activated.\**

C) Make sure you click on the “[I ACCEPT I HAVE READ THE WAIVER AND RELEASE](#)” link to read the club waiver and then click on the check box to accept.

D) If you will be adding dependents to your account beyond a single co-member, you will enter them in the “Additional Information” area of the Membership form. For each dependent you have between 12 to 18 please check the box for each person. If you have any dependents under 12 you want to associate with your membership enter the total number of children under 12 in the “Number of Children Under 12” field.

## BAWSC On-line Membership Application (con't)

By Larry Ligon

- E) If you are a **boat owner**, please enter in the information requested for your boat and **send proof of insurance** as requested on the form to the Membership Chair.
- F) Enter what water-sports you and your dependents participate in.
- G) Click “**Next**” to review your completed membership form and Total Membership Fees that will be owed.
- H) If everything looks correct, click on the “**Confirm and Proceed with Payment**” button to initiate your registration. *This step will automatically send a confirmation e-mail titled “Membership initiated at Bay Area Water Ski Club” to you.*
- I) Check your e-mail for that confirmation that your account has been successfully initiated and an invoice with instructions how to submit your membership dues payment.

**Step 3.** Send your membership dues to the Membership Chair (*payable to BAWSC*):

To: BAWSC  
c/o Gwen Cauthren  
4835 Cottsberry Ct.  
Santa Rosa, Ca. 95405

**Step 4.** Complete your membership application/setup (*ONLY after receipt of dues payment*):

*Once your membership dues have been received, you will get an e-mail confirmation from the BAWSC Membership Chair verifying your account is active, at which time you can then complete your membership application & setup by choosing your **privacy** and **e-mail subscriptions** as well as set-up yourself as a Bundle Administrator to **add a co-member** to your account bundle.*

- A) Log onto the web site with your e-mail (user-id) and password. [www.bawsc.org](http://www.bawsc.org)
- B) Click “**View Profile**” in the upper right hand corner of the home page.
- C) Click “**Edit profile**”
- D) Review and modify your **privacy settings**, click “**Privacy**” and edit any field you don't want visible to other BAWSC members and then click “**Save**”.
- E) **To insure you are subscribed** to receive e-mail notifications from the *forum based message boards* when someone posts they are looking for a pull, crew, etc.
  - a) Click on “[Members Only Content](#)” link found on the left hand navigation bar
  - b) Click on “[Member Forums](#)”





## BAWSC On-line Membership Application (con't)

By Larry Ligon

c) In the **Message Board** forums' section, individually click on each forum you want to receive e-mail (e.g. –“Looking for a Car Pool, Crew or a Pull”) and *individually* click on each forum's “**Subscribe to Forum**” link.

d) Then go back to the **Home Page** and click on “**View Profile**” again, click “**Edit profile**” and click “**e-mail subscriptions**” and adjust how you want to receive e-mails; *immediately, daily or weekly* when someone posts to the forum. The default is daily. **CLICK “Save”** at the very bottom of the “**Edit Profile**” page and you are done.

### F) **Setup a Co-Member Bundle\***

*Each paid member is allowed to add a spouse/ significant other to their account as a “Bundled” co-member. The following steps can be performed to add another person to your account once your membership fee has been received and your account has been activated by the Membership Chair.*

a) Log into the web site with your e-mail (user-id) and password. [www.bawsc.org](http://www.bawsc.org)

b) Click on the “**View Profile**” button found in the upper right hand corner of the home page

c) In the “My profile” screen scroll down to the “Bundle summary” section and then click “**Add member**”

d) You will then be presented with the membership application page where you will then fill out the form on behalf of your co-member.

e) Click “**SAVE**” and the co-member will be added to your account and they will receive their user-id (their e-mail address) and password setup link at the e-mail address you entered on the form. You will become the “**Bundle Administrator\***” for your bundled co-member.

**CONGRATULATIONS, YOU HAVE COMPLETED YOUR BAWSC MEMBERSHIP APPLICATION AND SETUP.** We look forward to you joining us at BAWSC Events.

Note: If you receive an error message when clicking “SAVE” that states “This e-mail is already in use” you will then need to contact the BAWSC Membership Chair listed on the [Contacts](#) Page to manually associate that e-mail address with your account as Wild Apricot currently does not allow a member to add an existing Contact or Member to their bundle themselves. A member can only add a new Contact or new Member to their account themselves.

*\*The way Wild Apricot handles multiple people under one membership is called a [Membership Bundle](#). A membership bundle is a group of members who are linked together and managed by one of their members – the bundle administrator. Bundle members share the same renewal date, status, and membership level. You can learn more about bundles including a short, how-to video at: <http://help.wildapricot.com/display/DOC/Membership+bundles>*